



AQUIA
EPISCOPAL CHURCH

Cross Section

All of you are Christ's body, and each one is a part of it. 1 Corinthians 12:27

'Let us welcome the newly baptized'

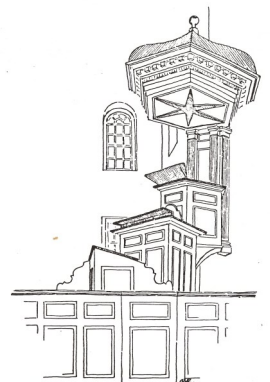


Clifford and Jacob Shaw receive the Sacrament of Holy Baptism from Father James Rickenbaker during the 10:30 a.m. service on Sunday, Sept. 21.

Photos courtesy of Rachel Rickenbaker

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CROSS SECTION

Aquia Episcopal Church

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Stafford, Va.

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Office hours:

8 a.m. – 4 p.m.
Tuesday – Friday

Rector

The Rev. Jay Morris

Assistant Rector

The Rev. James Rickenbaker

Treasurer

Chris Arey

Assistant Treasurer

Charlie Bingay

Music Director

Trystan Bennett

Dir. Christian Education

Kimberly Bamber

Parish Administrator

Sue Selz

Bookkeeper

Gloria Reyes

Nursery Supervisor

Dawna Spaulding

FROM THE RECTOR

We look forward to the return of Father Jay Morris' column when he is able to return to work following his recent health concerns. In the meantime, please do keep him in your prayers.



Sunday Service

Father James Rickenbaker speaks with Aquia's children during his sermon on Sunday, Sept. 21. Seasonal altar flowers were on display throughout the services on Sunday.

Photos courtesy of Rachel Rickenbaker and Dina Stanford



FROM THE ASSISTANT RECTOR

William Tyndale and the Cost of Truth

Dear Family in Christ,
Grace to you and peace from God our Father and the Lord Jesus Christ! I thank our God for you, especially for how you find solace and hope in the Gospel and how we have seen its effect in church history. As this is October's issue, the Church remembers William Tyndale, a man whose life and witness remind us that following Christ is not without cost. Tyndale's story is inspiring and sobering: he desired that God's Word to be accessible to every Christian in England, which eventually led to his arrest and execution. On October 6, 1536, he was executed in gruesome fashion for translating the Bible into English. His final words were a prayer: "Lord, open the King of England's eyes."

Tyndale's conviction was that Scripture belongs to God's people. In an age when only priests could read the Bible in Latin, he declared that the fieldhand should know God's Word as well as any scholar. That dream bought him exile. There he printed and smuggled English Bibles into England at the risk of his life. His faithful translation gave us much of the familiar English text we still read today: "In the beginning was the Word," "The Lord is my shepherd," "Let there be light." Yet for giving us this gift, he paid the ultimate price.

Tyndale's witness reminds us of a hard truth: the gospel is not always welcomed. Jesus himself told his disciples, "If they persecuted me, they will persecute you also" (John 15:20). The Word of God is Good News, but it also unsettles, convicts, and challenges human power. Tyndale's opponents did not only fear a book. They feared what might happen when laypeople encountered the living God without their control.

When we read of his martyrdom, it is easy to imagine such trials as the distant past. Yet around the world today, countless Christians still risk imprisonment or death simply for possessing a Bible, gathering for worship, or confessing Christ's name. The cost of truth remains real. We in the West are free to read Scripture, gather for worship, and share our faith, but that freedom can blind us to others' struggles. Tyndale's story calls us to gratitude, humility, and renewed devotion.

It also invites us to reflect on what "cost" looks like in our own discipleship. Few of us will be asked to give our lives for the gospel. For all of us, it means daily taking up our cross and following the One who gave himself for us, keeping him first in our lives.

The Good News is this: the God who sustained William Tyndale is the same God who sustains us. Christ does not call us to a path of ease, but he promises to be with us always, even to the end of the age (Matt. 28:20). His Holy Spirit gives us courage and his Word holds us fast. And just as God used Tyndale's sacrifice to bless generations after him, so too can God use us for purposes beyond what we can see.

As we remember Tyndale this month, we give thanks for the Scriptures we hold in our hands. We honor his sacrifice not merely by recalling his story, but by living as people shaped by the Word he died to put in our hands, following Christ whatever the cost.

May the Lord open our eyes in America today. The grace of our Lord Jesus Christ, the love of God, and the fellowship of the Holy Spirit be with you all.

*In Christ,
Fr. James*



AQUIA CHURCH VESTRY

Rick Bryant

Finance Committee

Chris Dearing

Finance Committee

Michael Ferrantino

Administration Committee

Brad Hammer

Junior Warden

*Chairperson, Buildings &
Grounds Committee*

Dale Hendon

*Chairperson,
Finance Committee*

Bill Hoffman

Senior Warden

Joe Howard

*Register
Finance Committee*

Carol Korth

*Buildings & Grounds
Committee*

Walt Peterson

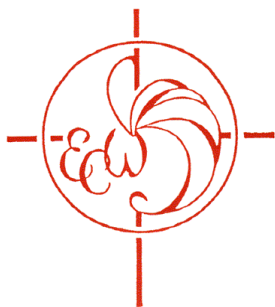
*Chairperson,
Administration Committee*

Pat Quinn

Administration Committee



EPISCOPAL CHURCH WOMEN



Mission Statement:

The Episcopal Church Women of Aquia Church, with the grace of the Holy Spirit, wish to know Christ and make him known through prayer, education, concern for others and joyful service.

Fall Fest marks the transition into true autumn and is the gateway to the rest of the holidays. Most of our departments allow for you to plan some holiday shopping, and to decorate for the upcoming holidays. The Flea Market, Treasures, and Crafts are perfect for shopping for friends and family, and the Book Nook does not disappoint when it comes to gifting a book. The live auction is exciting! New and vintage items are just waiting to be discovered at Fall Fest. This is the 68th year of its production. Your support of Fall Fest allows ECW to continue its good works in local, diocesan, and worldwide missions. We are grateful for many returning and new volunteers and are also grateful for the support of the community. We will see you on October 4th, from 8:00 a.m. to 2:00 p.m. on the campus of Aquia Church.

Diocesan ECW Fall Meeting: The fall meeting for the diocesan ECW will take place on Saturday, October 11th, 2025, from 9:00 a.m. – 2:00 p.m. at Pohick Church. The Right Reverend Mark Stevenson will be our keynote speaker and will discuss our faith journey. Stay tuned for discussion of this annual event.

Fall Ingathering of United Thank Offering will be held in our parish on Sunday, October 19th, 2025, at all services. With United Thank Offering, we are reminded to give thanks with grateful hearts for the blessings (and challenges too!) that inspire us in ministry and mission, and life. The UTO is a ministry of The Episcopal Church of Virginia, and throughout The Episcopal Church. Thus, it is a mission of the whole church. Blue and white envelopes and blue and white coin boxes will be available in pews in the historic church building for you to submit your contributions for this important ministry. Please see our UTO chairman Jennifer Stoltz with any questions regarding United Thank Offering.

God's peace to you and yours,

Carol Korth

CHRISTIAN EDUCATION

Sunday School began in August for the new school year! All children ages 3 to 5th grade are invited to attend Sunday School every Sunday from 9:30-10:15 a.m. downstairs in the CFFB. Registration is available at the link on the Aquia Church website.

Please save-the-date for the annual **Trunk-or-Treat** event at Aquia Church on Sat., Oct. 25. It's time to prep your vehicles and costumes for this fun night out with our church friends and family. All Aquia Church members and invited relatives and friends are welcome to attend. The CFFB parking lot will be available at 5 p.m. for decorating cars, vans and trucks, and trunk-or-treating will begin around 6 p.m.

For more information about Christian Education programs at Aquia, please email christianed@aquiachurch.org.



FALL FEST

FALL FEST 2025 Live Auction

October 4 at 11 a.m.

A huge “Thank You” goes to all the parishioners and merchants who have contributed so generously to the Auction! Behold the awesome list:

- **A Nation Blessed Print** by G. Harvey Signed and numbered # 616/1950 with Certificate

- **The Chestnut Vendor Print** by G. Harvey Signed and numbered # 36/65 A.P.P.

- **Cakes by Lilchy!** A Cake a Month for a Year! (16 different cakes from which to choose) Offered by Lilchy Huffman, baker extraordinaire

- **TWO** almost new, low milage **Velotric Ebikes**

- **Sunset Cruise for Four** on beautiful Aquia Creek with Captain Dale Hendon, Sunset Cruises of Stafford

- Beautiful **Food and Wine Basket** from Potomac Point Winery

- **Washington Commanders vs. Seattle Seahawks Football**
November 2, 2025, 4 tickets
Sec 430, Row 4, Seats 8, 9, 10 & 1

- **An Evening Away:** Courtyard by Marriot Fredericksburg Historic District one night stay for two plus Brooks Riverside Grill: \$50 gift Card

- **Golfers Delight:**

Aquia Harbour Golf Club: four 18-hole rounds of golf Exp. 2-21-27

Augustine Golf Club: 4 green fees plus cart fees Exp. 12-31-25

Forest Greens Golf Club: foursome complimentary greens fees
Exp. 10-4-26



Photos courtesy of Mary Jane Cole



Above: The Essex Inn at Tappahannock and 1710 Tavern

Below: A Case of After Dinner Delight



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FALL FEST continued



Above: Two Velotric Ebikes
Right: Pelican Argo 100X Kayak, oars, and a woman's life vest



• **Fire Pit Table Dinner for Four** with Wine at Potomac Point Winery

• **Guided Fishing Trip** offered by Bill Hoffman: Up to 8 hours of fishing on Aquia Creek with an experienced angler on his 21-foot bass boat that can take you to the best spots on Aquia Creek

• **Kids' Fishing Trip** offered by Bill Hoffman: 4-hour fishing trip on Aquia Creek for 1 child and 2 adults OR 2 children and 1 adult (children 8 years or older))

• **A Superb Dinner Party—"Seafood Soirée"**-- for 8 Guests prepared and served at his home offered by The Reverend Jay Morris

• Stay at the **Historic Powhattan Resort in Williamsburg**: two-bedroom ground floor unit. December 17-21. This stay will be during the Grand Illumination event in Williamsburg. Indoor pool, hot tub and fitness rooms, restaurant and coffee shop, full kitchen. Will sleep 6 maximum.

• Retro carved wood **Side Table/Plant Stand** with Vase

• **"Hello, Tabasco!"** A huge gift Basket of Tabasco Sauces, Bloody Mary Mix, Jellies and Kitchen Goods offered by the Rector

• **ENJOY!**

Rock Jam 61 Key Music Keyboard

Signed copy of Jawbone Holler by Mace Thornton

Basket of Stafford County: overflowing with Stafford souvenirs and information to help you explore all the treasures of Stafford

• Chores and Errands:

610 Car Wash: 2 books of 5 Deluxe Car Wash tickets

Publix: \$100 in gift cards

Auto Zone at Embrey Mills: Two ArmourAll Ultimate Car Care Buckets, a ProElite Multi-Pocket Cargo Organizer

Pets Plus Inc.: \$50 gift card

• The cutest Halloween Theme **Peanut Lap Quilt**

• **University of Virginia Cavaliers vs. Wake Forest University** in Charlottesville on November 8, 2025. 4 tickets, great seats, plus parking pass

• A Feast:

Slow Roasted Pork Butt from the Fall Fest Kitchen

Publix: \$100 gift card

The Icing Baking Company: \$25 gift card

• **Hiker's Hideaway Romantic Cabin**, a two-night stay in an Airbnb near the Shenandoah National Park

• **A Case of After Dinner Delight:** 6 dessert wines, 6 after dinner liqueurs and cordial glasses

• A handsomely **Framed Print of Aquia Church**

• **Eating Out in the 'Hood #Stafford**

Zibibbo 73 Trattoria: \$25 gift card

Sake Thai and Sushi Bar: \$25 certificate

El Gran Charro: \$25 gift card

Kobe Japanese Steakhouse and Sushi Bar: \$25 gift card

Buffalo Wild Wings: \$50 in gift cards

El Jimador: \$50 gift Certificate

Manhattan Pizza: 17 free Lunch slices of Pizza and 5 Personal Cheese Pizzas

• **More Good Eats in the 'Hood #Stafford**

Outback Steakhouse of Stafford: \$150 in gift cards

Basilico of North Stafford: \$50 gift card;

Mi Rancho: \$25 gift certificate

Chick-fil-A on Garrisonville Road: 10 gift cards

Cinnaholic: Free Cinnamon Roll once a month for one year

• Beautiful **Pelican Argo 100X Kayak**, oars, and a woman's life vest

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AQUIA'S PANTRY

Together in mission and purpose

This month Aquia's Pantry would like to give thanks for our most valuable assets, our amazing volunteers. Together in mission and purpose, these cheerful folks come together each week, logging more than 100 hours as we gather the donated food, and then assemble, pack and pass out bags of nourishment to 120 to 140 families.

The Pantry's volunteers have come to us via many different paths. Most, of course, are our fellow parishioners. Others have come with friends to the Pantry and continue to volunteer. Several attend other churches but saw our sign, came up the hill to see how they could help and became part of our ministry. Some come with their grandparents during school breaks. Some of our most faithful volunteers come from afar (e.g. Harrisonburg, Centerville and the United Kingdom) to help with the pantry during their holiday visits home. Our volunteers range in age from middle schoolers to octogenarians. Some come to help for an hour or two each week; some log 15 to 20 hours per week or more. Each hour is a gift as we build each pantry together.

Of course, we have much more to thank God for this past month:

- One of our volunteers invested all her birthday gift cards into boxes of cereal and jars of peanut butter for the pantry.
- Many boxes of cereal and brown paper bags were quietly dropped off in the great hall.
- One of our extended parish family members, better known as the Super Shopper, supplied us with 144 cans of vegetables.
- One family gave 60 boxes of cereal and another 48 boxes.



- The Pantry received a check for \$47.00 from Giant Food Community Bag Nonprofit Partner Program. You may recall reading about the program in our November newsletter article. Aquia's Pantry received \$1.00 from Giant for every reusable bag sold that month in the Giant store on Worth Ave.

- The Pantry received several generous monetary donations on Heritage Sunday, which are a tremendous help in keeping our doors open every Wednesday evening. With these monetary gifts, our guests received cereal and peanut butter twice during the months of June, July and August while the children are out of school and did not receive breakfast or lunch at school.

We thank God for each and every one of these gifts, and for the selfless,

Grocery bags open and ready to be filled! The Pantry uses 420 each week as we prepare for 140 families.

Food requests for the Pantry this month include boxes of pasta and cereal, jars of peanut butter, cans of vegetables AND brown-paper grocery bags.

Photo courtesy of Mary Jane Cole

giving people who are the hands and feet of Our Lord here in Stafford County. We could not do this ministry without our volunteers. Together we have worked in faith, in mission, in purpose and in love to feed His sheep.

If you have any hours to spare on a Tuesday from 8 a.m. to 12 p.m. or a Wednesday from 8 a.m. to 8 p.m., we would deeply appreciate your help. Also, food requests for the Pantry this month include boxes of pasta and cereal, jars of peanut butter, cans of vegetables AND brown-paper grocery bags.

To learn more, please reach out to Barb Bingay, Ron Korth or Mary Jane Cole (maryjane@cfsw.biz), or stop by the great hall any Wednesday between 8 a.m. and 8 p.m.



Edith Cavell: Patriotism is not enough

St. Mary's Church in Swardeston, just south of Norwich England is an impressive parish church. The village of Swardeston is documented in the Domesday Book (1086). The church was originally built in the early 12th century and dedicated to St Andrew, but about 1400 it was rededicated to St Mary the Virgin. In modern times, the vicar who elevated the profile of St. Mary's was the Rev. Frederick Cavell, who served there for 46 years, from 1863 to 1910. It was there, on December 4, 1865 that the first of the Cavell children, a daughter, Edith Louisa, was born.

Edith was well educated, and like many young women found work as a governess from 1890 to 1895, including time in Brussels. She returned to England to care for her ailing father, which led to her pursuing a career in nursing. Between 1895 and 1906 she served in positions of increasing responsibility, and in 1906 she took a temporary position as matron of the Manchester and Salford Sick and Poor and Private Nursing Institution, working there for about nine months. In 1907 she was recruited by the Belgian Royal Surgeon and Bel-

gian Red Cross to become the matron of a newly established Nursing School in Brussels. Within one year, she was training nurses for three hospitals, twenty-four schools, and thirteen kindergartens in Belgium. In 1910, Cavell was asked if she would be the matron for the new secular hospital at Saint-Gilles. In 1914, When the World War I broke out, Cavell was visiting her widowed mother in England. She returned to Brussels, where her clinic and nursing school were taken over by the Red Cross.

In November 1914, after the German occupation of Brussels, Cavell began sheltering British soldiers and helping them escape from occupied Belgium to the neutral Netherlands. Wounded British and French soldiers as well as Belgian and French civilians of military age were hidden from the Germans and provided with false papers. This placed Cavell in violation of German military law. German authorities became increasingly suspicious of her actions, which were aggravated by her boldness.

In August 1915 Cavell was betrayed, and then arrested, tried under German military law and sentenced to

death by firing squad. She admitted her efforts to help soldiers escape. Despite international pressure for mercy, the German government refused to commute her sentence, and she was shot by firing squad on October 12, 1915. The execution received worldwide condemnation and extensive press coverage.

The night before her execution, Cavell told the Anglican chaplain of Christ Church Brussels, who had been allowed to see her and to give her Holy Communion, "I am thankful to have had these ten weeks of quiet to get ready. Now I have had them and have been kindly treated here. I expected my sentence and I believe it was just. Standing as I do in view of God and Eternity, I realize that patriotism is not enough, I must have no hatred or bitterness towards anyone." She was 49 years old. Belgian women buried Cavell's body next to prison where she had been held. After the war, her body was taken back to Britain for a memorial service at Westminster Abbey and then transferred to Norwich, to be laid to rest on the east side of the Norwich Cathedral.

Chris Arey

FALL FEST,

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• Explore Fredericksburg #FXBG:

Fredericksburg Tote Bag: tote, cup, snack box

Jabberwocky Children's Books and Toys: \$15 gift card;

The Card Cellar: \$25 gift certificate;

Sammy T's: \$50 gift certificate;

• A Gift of Live Theatre:

Riverside Center for the Performing Arts: two tickets for dinner and a fabulous mainstage theatre performance

Sight and Sound Theatre, Lancaster PA: Two tickets for any available show

• The Essex Inn at Tappahannock and 1710 Tavern

One night stay and superb breakfast at this charming historic Bed and Breakfast built in 1851, Plus gift certificate for an appetizer or dessert at the 1710 Tavern

• **Tour of Washington National Cathedral** for three or four people plus lunch or dinner nearby offered by our Rector the Reverend Jay Morris

• Eat Smart, Move More

Cooler Bag and cooking tools

Publix \$100 gift card

Sol to Soul gift certificate for six yoga sessions

• Daily Bread

Retro Wood Bread Box

Panera: \$100 Gift Card

Homemade Mango Jam

At Fall Fest on Sat., Oct. 4, the Auction will begin at 11 a.m. in the Great Hall. Shields Jones will have us on the edge of our seats. Share the news! Bring your friends!

For further information, reach out to Shields or Mary Jane Cole (maryjane@cfsw.biz). Happy Bidding!



FROM THE CHURCH OFFICE

SPECIAL RECOGNITIONS AT AQUIA CHURCH

New Babies: Please call the church office (540-659-4007) after the birth of a child so that a red rose can be placed on the altar in thanksgiving.

Those Being Deployed: Please call the church office (540-659-4007) so that we can offer special prayers at a service prior to your departure. Also, we want to put you on our prayer list for all those who are deployed in the service of our country.

FUTURE BAPTISMS

The next scheduled date for a baptism is **November 2, 2025**. If you would like to have a baptism on this date or if this date doesn't work for you, and you would like to request another date, please contact the church office (540-659-4007) so that counseling with the clergy can be scheduled.

Aquia Church Prayer List October 2025

Alber's Family, Carol Bailey, Richard Chichester,
Paula Davis, Rick Edmond, Craig Evans,
Michael Golasz, Carol Korth, Mary Hall,
Nanette Hoback, Joy Jones, Tim Lacey, Lori,
Ken Luehrs, Doug McGinity, Pat Moncure,
Brett Moran, Rebecca Poole, John Pribble,
Rebecca Schaffer, Arnie Schwartz, Scott Smith,
Tim Spaulding, Caroline Stringer, Tom Tremper,
Mary Watson, Nancy Wentworth, Elizabeth Yager.



How to reach us:



www.aquiachurch.org
office@aquiachurch.org
(540) 659-4007

<https://www.facebook.com/AquiaEpiscopalChurch>



We, as Aquia Church, joyfully respond to the grace, love and fellowship
of God the Father, Son and Holy Spirit at work in our midst
by celebrating His presence, sharing His abundance,
and proclaiming His word throughout the world.





Aquia Episcopal Church
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22555

RETURN SERVICE REQUESTED

